

40 Assets that Teenagers (ages 12 – 18) Need to Succeed

Support

1. Family life provides love and support.
2. Family communication is positive and open.
3. Teenager receives support from other adults.
4. Teenager experiences caring neighbors.
5. School provides a caring climate.
6. Parent(s) is involved in teenagers' schooling.

Empowerment

7. Community values teenagers.
8. Teenagers have useful roles in the community.
9. Teenager serves others in the community.
10. Home, school and neighborhood are safe.

Boundaries and Expectations

11. Family sets clear rules and consequences.
12. School sets clear rules and consequences.
13. Neighbors monitor young people's behavior.
14. Adults model responsible behavior.
15. Friends model responsible behavior.
16. Parents and teachers have high expectations.

Constructive Use of Time

17. Teenager participates in creative activities.
18. Teenager participates in school or community programs.
19. Teenager is involved in activities in a religious community.
20. Teenager spends most evenings at home.

Commitment to Learning

21. Teenager is motivated to do well in school.
22. Teenager is actively engaged in learning.
23. Teenager does homework every school day.
24. Teenager cares about her or his school.
25. Teenager reads for pleasure.

Positive Values

26. Teenager values caring for others.
27. Teenager promotes equality and social justice.
28. Teenager values integrity.
29. Teenager values honesty.
30. Teenager values responsibility.
31. Teenager values restraint.

Social Competences

32. Teenager has planning and decision-making skills.
33. Teenager has empathy, sensitivity and friendship skills.
34. Teenager gets along with people from different cultures.
35. Teenager resists negative pressure from others.
36. Teenagers resolve conflicts peacefully.

Positive Identity

37. Teenager has a healthy sense of personal power.
38. Teenager has high self-esteem.
39. Teenager believes his or her life has a sense of purpose.
40. Teenager has a positive view of her or his future.